Since 1944, Plymouth Place has been a cornerstone in the La Grange area, continually reshaping the senior living experience. Founded on the values of generosity, kindness, and respect, our retirement community is a celebration of the individual's right to live life to its fullest.

Our unwavering focus is to foster true independence and daily fulfillment, allowing residents to chart their own course. Vibrant social gatherings and lifelong learning opportunities abound, complemented by premium amenities that inspire healthy living.

We respect and welcome all who join our community because we believe our diversity of experiences strengthens our community today and for generations to come. And, as a nonprofit organization, our commitment is steadfast: We will never ask a resident to leave our campus if they outlive their resources.





## VOLUNTEER AT PLYMOUTH PLACE



Plymouth Place 315 N. La Grange Rd., La Grange Park, IL 60526

## Volunteers Make a Difference

Volunteers are trained to supplement life enrichment activities in the Healthcare Center, Memory Care, and Assisted Living residences. Giving one's time in this way provides residents with friendship and conversation, as well as a feeling of well-being and contentment! In return, volunteers will reap these same gifts and more!

Volunteer opportunities include:

- Provide assistance with Special Events.
- Visit residents' rooms to read, listen to music, and engage in conversation.
- Accompany and transport residents to in-house events.
- Assist in music, dance, arts and crafts activities and games.
- Use one's computer skills to assist residents with cell phones, tablets, and PCs.
- Help maintain the upper-level gardens.
- Facilitate current events and book discussions.
- Assist in the Marketplace gift shop.

## Your Time & Talents Matter

Our robust group of non-resident volunteers brings a diverse range of talents and experiences to Plymouth Place. From ages 16 on up, our volunteers use their unique skills to supplement activities in the upper levels of care.

Any contributions of your time and talent is appreciated, whether it's a few hours a month, a weekly commitment, or a group's help with a one-time special event. We can easily accommodate your schedule.

Plymouth Place counts on volunteers who are selfstarters, are comfortable around older people, share their talents, and take directions. We are pleassed to have individuals, service groups, church groups, and families volunteer. Groups must be a maximum of 15 people. Group acitivities depend on the group's size, the age of its members, and the time of year.

For more information on joining our volunteer program, please contact:

Kathleen Jurek Volunteer Coordinator (708) 205-0039 kjurek@plymouthplace.org